



January 2024

Syosset Middle School | Breakfast MENU

MON	TUES	WED	THURS	FRI
¹ New Year's Day School Closed	² Mini Maple Waffles	³ Chobani Yogurt with Graham Crackers	⁴ Fresh Baked Muffin Top	⁵ French Toast Sticks with Syrup
⁸ Bacon (T), Egg, & Cheese on a Roll	⁹ Mini Maple Waffles	Freshly Blended ¹⁰ Berry Smoothie with Graham Crackers	Fresh Baked ¹¹ Muffin Top	French Toast Sticks ¹² with Syrup
¹⁵ Martin Luther King Jr. Day School Closed	¹⁶ Mini Maple Waffles	Freshly Blended ¹⁷ Berry Smoothie with Graham Crackers	Fresh Baked ¹⁸ Muffin Top	French Toast Sticks ¹⁹ with Syrup
²² Bacon (T), Egg, & Cheese on a Roll	²³ Mini Maple Waffles	Freshly Blended ²⁴ Berry Smoothie with Graham Crackers	Fresh Baked ²⁵ Muffin Top	French Toast Sticks ²⁶ with Syrup
²⁹ Bacon (T), Egg, & Cheese on a Roll	³⁰ Mini Maple Waffles	³¹ Freshly Blended Berry Smoothie with Graham Crackers		

Menus are subject to change.

Daily Fruit Offerings: Apple Slices
100% Apple Juice or 100%% Fruit Punch

Please Note:
All Grains are Whole Grain unless otherwise
noted, (T) denotes item contains Turkey

All Breakfast Must Include
Choice of:
Fruits and/or
100% Juice
And May Include:
Fat Free Milk, 1% Low-
Fat Milk (White or
Chocolate)



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opportunity providers

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potential.™

